## Stat 401, section 7.3 Intervals Based on a Normal Population Distribution notes by Tim Pilachowski

In sections 7.1 and 7.2, we relied on the Central Limit Theorem for cases where $n$ was "large enough" for the shape of sampling distribution to be close enough to a normal distribution to be able to use the normal distribution table to answer questions about population parameters. [Recall that our rules of thumb are $n>30$ for situations where $\sigma$ is known, and $n>40$ for situations where $\sigma$ is not known.]
But, what if the sample size $n$ is not large enough?
Back in section 5.4, we (and the text) noted that, given a population which has a normal distribution, the resulting sampling distributions for any sample size $n$ will retain the symmetry of the population distribution. We will retain this idea as our basic assumption: "The population of interest is normal, so that $X_{1}, \ldots, X_{n}$, constitutes a random sample from a normal distribution with both $\mu$ and $\sigma$ unknown."
[The text notes that we could begin with other types of populations, but that, in practice, researchers assume a normally distributed population more often than any other type.]
When $n$ is large enough, the random variable $Z=\frac{\bar{X}-\mu}{S / \sqrt{n}}$ has approximately a standard normal distribution.
That is, the size of $n$ helps to ameliorate the effect of having two random variables present in our transformation formula.

When $n$ is small, the additional variability resulting from using $S$ in the denominator means that the sampling distribution will be more spread out than a normal distribution is.
At this juncture, we get to rely on work done by others to present a Theorem.
Theorem: When $\bar{X}$ is the mean of a random sample of size $n$ from a normal distribution with mean $\mu$, the random variable $T=\frac{\bar{X}-\mu}{S / \sqrt{n}}$ has a probability distribution called a $t$ distribution with $n-1$ degrees of freedom.

In 1908, a worker at the Guinness Brewery in Dublin, Ireland, William Sealy Gosset, published a paper in Biometrika using the pseudonym "Student", in which he discusses the "frequency distribution of standard deviations of samples drawn from a normal population". Gosset was addressing the issue of small samples, for example, the chemical properties of barley where sample sizes might be as low as 3 . Gosset's work was developed by Ronald A. Fisher, who called the distribution "Student's distribution" and gave the random variable the designation $t$.

The probability density function of Student's $t$-distribution is $\frac{\Gamma\left(\frac{v+1}{2}\right)}{\sqrt{v \pi} \Gamma\left(\frac{v}{2}\right)}\left(1+\frac{x^{2}}{v}\right)^{-\frac{v+1}{2}}$ where $v$ is the number of degrees of freedom (often abbreviated df) and $\Gamma$ is the gamma function. (See section 4.4.)


The probability density function is symmetric, centered at 0 , with an overall shape that is similar to the bell shape of a standard normal distribution, except that it is a bit lower and wider. As the sample size, and number of degrees of freedom, gets larger, the $t$-distribution approaches the standard normal distribution with mean 0 and variance 1 . The $z$ curve is often called the $t$-curve with $\mathrm{df}=\infty$.

The $t$-distribution can be used with any statistic having a bell-shaped distribution (i.e., approximately normal).

Why use $\mathrm{df}=v=n-1$ ? The random variable $S$ is calculated using the $n$ deviations $\left(X_{i}-\bar{X}\right)$. But since $\sum_{i=1}^{n}\left(X_{i}-\bar{X}\right)=0$, only $n-1$ of these are "freely determined".
(An analogy: Think about pulling names from a hat.)
When calculating large sample confidence intervals, we only needed $\alpha / 2$ or $\alpha$ to determine critical values for $z$. When using the $t$-distribution, we also need to know the degrees of freedom. We'll use the notations $t_{\alpha / 2, v}$ and $t_{\alpha, v}$ for our needed critical values.
If we use our basic assumption, that a population has a normal distribution, we can use random variable $T$ to develop a confidence interval formula for small sample situations.

$$
\left.\begin{array}{rl} 
& P\left(\bar{X}-t_{\alpha / 2, v}\left(\frac{s}{\sqrt{n}}\right)<\mu,\right. \\
= & \mu\left(\bar{X}-\bar{X}+t_{\alpha / 2, v}\left(\frac{s}{\sqrt{n}}\right)\right) \\
= & P\left(\begin{array}{cc}
\bar{X}-\mu<t_{\alpha / 2, v}\left(\frac{s}{\sqrt{n}}\right), & \left.-t_{\alpha / 2, v}\left(\frac{s}{\sqrt{n}}\right)<\bar{X}-\mu\right) \\
= & \bar{X}-\mu>-t_{\alpha / 2, v}\left(\frac{s}{\sqrt{n}}\right)
\end{array}\right) \\
= & P\left(\begin{array}{c}
\bar{X}-\mu \\
\frac{s}{\sqrt{n}}<t_{\alpha / 2, v}
\end{array} \quad \frac{\bar{X}-\mu}{s / \sqrt{n}}>-t_{\alpha / 2, v}\right.
\end{array}\right)
$$

Note also the similarity of the small-sample confidence interval formula to the large-sample formula. The only difference is the source of the critical value.

Example A: A sample, taken from a population with a normal distribution, has mean $=150$ and standard deviation $=22$. For a random sample of size 28 , find the $90 \%$ two-sided confidence interval.
work:
interpretation:

Example B. In their 1992 study of human internal body temperature, Mackowiak, Wasserman and Levine, their sample mean, $\bar{x}=98.25$ with $s=0.73$, led them to a hypothesis that human internal body temperature is lower than the conventional $98.6^{\circ} \mathrm{F}$. There is reason to believe that human internal body temperature has a normal probability distribution. Suppose that their sample size was only 38 . Does a one-sided $95 \%$ confidence interval based on their sample data include $98.6^{\circ} \mathrm{F}$ ?
work:
interpretation:

In some applications, the goal is to be able to predict a future value rather than to estimate the mean of the population.
Proposition: A prediction interval for a single observation to be selected from a normal population distribution, with prediction level $100(1-\alpha) \%$ is $\bar{x} \pm t_{\alpha / 2, v} * s \sqrt{1+\frac{1}{n}}$.
To prove our proposition, we get to rely on work done by others to present another Theorem.
Theorem: The random variable $T=\frac{\bar{X}-X_{n+1}}{S * \sqrt{1+\frac{1}{n}}}$ has a $t$-distribution with $n-1$ degrees of freedom.
notes on the proof:

$$
\left.\begin{array}{rl} 
& P\left(\bar{X}-t_{\alpha / 2, v} * S \sqrt{1+\frac{1}{n}}<X_{n+1}, X_{n+1}<\bar{X}+t_{\alpha / 2, v} * S \sqrt{1+\frac{1}{n}}\right) \\
= & P\left(\bar{X}-X_{n+1}<t_{\alpha / 2, v} * S \sqrt{1+\frac{1}{n}},-t_{\alpha / 2, v} * S \sqrt{1+\frac{1}{n}}<\bar{X}-X_{n+1}\right) \\
= & P\left(\bar{X}-X_{n+1}<t_{\alpha / 2, v} * S \sqrt{1+\frac{1}{n}}, \bar{X}-X_{n+1}>-t_{\alpha / 2, v} * S \sqrt{1+\frac{1}{n}}\right) \\
= & P\left(\frac{\bar{X}-X_{n+1}}{S \sqrt{1+\frac{1}{n}}<t_{\alpha / 2, v}}\right) \\
= & P\binom{T<t_{\alpha / 2, v}}{=} \\
& P\left(\quad-t_{\alpha / 2, v}<T<t_{\alpha / 2, v}\right. \\
& =1-\alpha \quad T>-t_{\alpha / 2, v}
\end{array}\right)
$$

Example A revisited: A sample, taken from a population with a normal distribution, has mean $=150$ and standard deviation $=22$. For a random sample of size 28 , find the $90 \%$ two-sided prediction interval.
work:
interpretation:
comparison:

Three things:

1) A one-sided prediction interval can be calculated by using critical value $t_{\alpha, \nu}$ and only " + " [upper bound] or only " - " [lower bound] in place of " $+/-$ " in the prediction interval formula used above.
2) A large-sample prediction interval can be calculated by using the formula above with critical $z$-value in place of the critical $t$-value in the prediction interval formula used above.
3) How do you know when to use small sample or large sample formulas?

If the sample size is greater than 40 , then the sampling distribution of a statistic will be normal or nearly normal, and will be considered a large sample case.
If the population distribution is normal and the sample size is less than 40 , then the sampling distribution of a statistic will be a $t$-distribution, and will be considered a small sample case.
Also, in practice, if the sampling distribution is symmetric, unimodal, and without outliers, then the sampling distribution of a statistic will be close to a $t$-distribution, and may be considered a small sample case. (Some investigation and statistical justification would be necessary in this case.)

Appendix Table A. 5
Critical Values for $t$ Distributions

|  | $\alpha$ |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $v$ | 0.10 | 0.05 | 0.025 | 0.01 | 0.005 | 0.001 | 0.0005 |
| 1 | 3.078 | 6.314 | 12.706 | 31.821 | 63.657 | 318.31 | 636.62 |
| 2 | 1.886 | 2.920 | 4.303 | 6.965 | 9.925 | 22.326 | 31.598 |
| 3 | 1.638 | 2.353 | 3.182 | 4.541 | 5.841 | 10.213 | 12.924 |
| 4 | 1.533 | 2.132 | 2.776 | 3.747 | 4.604 | 7.173 | 8.610 |
| 5 | 1.476 | 2.015 | 2.571 | 3.365 | 4.032 | 5.893 | 6.869 |
| 6 | 1.440 | 1.943 | 2.447 | 3.143 | 3.707 | 5.208 | 5.959 |
| 7 | 1.415 | 1.895 | 2.365 | 2.998 | 3.499 | 4.785 | 5.408 |
| 8 | 1.397 | 1.860 | 2.306 | 2.896 | 3.355 | 4.501 | 5.041 |
| 9 | 1.383 | 1.833 | 2.262 | 2.821 | 3.250 | 4.297 | 4.781 |
| 10 | 1.372 | 1.812 | 2.228 | 2.764 | 3.169 | 4.144 | 4.587 |
| 11 | 1.363 | 1.796 | 2.201 | 2.718 | 3.106 | 4.025 | 4.437 |
| 12 | 1.356 | 1.782 | 2.179 | 2.681 | 3.055 | 3.930 | 4.318 |
| 13 | 1.350 | 1.771 | 2.160 | 2.650 | 3.012 | 3.852 | 4.221 |
| 14 | 1.345 | 1.761 | 2.145 | 2.624 | 2.977 | 3.787 | 4.140 |
| 15 | 1.341 | 1.753 | 2.131 | 2.602 | 2.947 | 3.733 | 4.073 |
| 16 | 1.337 | 1.746 | 2.120 | 2.583 | 2.921 | 3.686 | 4.015 |
| 17 | 1.333 | 1.740 | 2.110 | 2.567 | 2.898 | 3.646 | 3.965 |
| 18 | 1.330 | 1.734 | 2.101 | 2.552 | 2.878 | 3.610 | 3.922 |
| 19 | 1.328 | 1.729 | 2.093 | 2.539 | 2.861 | 3.579 | 3.883 |
| 20 | 1.325 | 1.725 | 2.086 | 2.528 | 2.845 | 3.552 | 3.850 |
| 21 | 1.323 | 1.721 | 2.080 | 2.518 | 2.831 | 3.527 | 3.819 |
| 22 | 1.321 | 1.717 | 2.074 | 2.508 | 2.819 | 3.505 | 3.792 |
| 23 | 1.319 | 1.714 | 2.069 | 2.500 | 2.807 | 3.485 | 3.767 |
| 24 | 1.318 | 1.711 | 2.064 | 2.492 | 2.797 | 3.467 | 3.745 |
| 25 | 1.316 | 1.708 | 2.060 | 2.485 | 2.787 | 3.450 | 3.725 |
| 26 | 1.315 | 1.706 | 2.056 | 2.479 | 2.779 | 3.435 | 3.707 |
| 27 | 1.314 | 1.703 | 2.052 | 2.473 | 2.771 | 3.421 | 3.690 |
| 28 | 1.313 | 1.701 | 2.048 | 2.467 | 2.763 | 3.408 | 3.674 |
| 29 | 1.311 | 1.699 | 2.045 | 2.462 | 2.756 | 3.396 | 3.659 |
| 30 | 1.310 | 1.697 | 2.042 | 2.457 | 2.750 | 3.385 | 3.646 |
| 32 | 1.309 | 1.694 | 3.037 | 2.449 | 2.738 | 3.365 | 3.622 |
| 34 | 1.307 | 1.691 | 2.032 | 2.441 | 2.728 | 3.348 | 3.601 |
| 36 | 1.306 | 1.688 | 2.028 | 2.434 | 2.719 | 3.333 | 3.582 |
| 38 | 1.304 | 1.686 | 2.024 | 2.429 | 2.712 | 3.319 | 3.566 |
| 40 | 1.303 | 1.684 | 2.021 | 2.423 | 2.704 | 3.307 | 3.551 |
| 50 | 1.299 | 1.676 | 2.009 | 2.403 | 2.678 | 3.262 | 3.496 |
| 60 | 1.296 | 1.671 | 2.000 | 2.390 | 2.660 | 3.232 | 3.460 |
| 120 | 1.289 | 1.658 | 1.980 | 2.358 | 2.617 | 3.160 | 3.373 |
| $\infty$ | 1.282 | 1.645 | 1.960 | 2.326 | 2.576 | 3.090 | 3.291 |

